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DAY SPA



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Gift Certificates

(must be presented at time of redemption)

- For your convenience, you may purchase Pompeii currency (available in denominations of \$10, \$20, \$50 and \$100 values which may be applied to any service or product in our spa).
- Pompeii Day Spa is NOT responsible for lost, stolen or expired gift certificates.

Macellum (Spa Boutique)

•In Pompeii, the Macellum was a market place where speciality items could be purchased. In our spa boutique the same applies. We carry only high quality professional hair and skin care products. We also carry a variety of soaps, jewellery, chocolates, flavoured coffee and much more.

Termopolio di Pompei

•Relaxing cafés are an Italian staple. At Pompeii we offer an assortment of specialty coffees with an exclusively blended mixture of the worlds finest hand picked espresso beans, roasted by Canada's 2005 best roaster. Everyone is welcome to stop by and enjoy the finest coffee to ever cross your taste buds.

Pompeii has a passionate and professional hair care team who are driven by vision, conceptual innovation and creative identity, while constantly challenging perception in style and colour.

Hair Shaping

Women	From \$30.00
Men	From \$23.00
Children	Price varies with age

Shampoo and style	From \$25.00
Updo	From \$65.00

We Recommend Trial Updo's For Brides

Technical Services (Consultation required for pricing)

Permanent colour	From \$65.00
Semi-Permanent colour	From \$65.00
Highlighting	From \$80.00
Colour correction	(consultation required)
Permanent waving	From \$80.00
Anti-Curl Relaxing	From \$90.00

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AROMATHERAPY HAIR & SCALP MASSAGE

A relaxing and soothing experience that targets individual's needs for their hair and scalp. Using aromatherapy, experience the luxury of the most advanced treatments that target the needs of the hair and scalp.

45 Minute Treatment **\$45.00**

Price for hair & scalp massage does not include a shaping or finishing style.

MAKE-UP ARTISTRY

Make-up Lesson **\$50.00**

Learn the art of applying colour and contour to enhance your natural beauty.

Make-up Application **\$40.00**

A customized make-up application to suit any occasion.

WE RECOMMEND A TRIAL MAKE-UP FOR BRIDES

VICHY RAIN SHOWER

Experience total relaxation as you lay down and become enveloped in soothing warm rain. The fine mist to high pressure shower enhances our body treatments.

Sea Salt Glow **\$80.00**

This advanced treatment exfoliates and polishes dull skin, improves circulation and helps prevent ingrown hair.

Marine Pumice **\$90.00**

Polishes and removes dead skin cells. Pure brown algae penetrates the skin to give a warming effect and hydrates the skin at a deeper level.

Sea Polish **\$90.00**

Improves circulation as seaweed extracts penetrate the skin. Dull skin immediately becomes revitalized and the skin is left smooth and soft.

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Detoxifying Seaweed Wrap **\$95.00**

Detoxifies and balances water retention, unlocking fluids trapped in the skin tissue and stimulating lymphatic flow.

Re-mineralizing Seaweed Wrap **\$95.00**

Penetrates and nourishes to hydrate skin. Sea plants stimulate circulation and elasticity of skin tissue is instantly toned.

Thermal Fat Burner **\$95.00**

This body sculpting treatment with special detoxifying seaweeds helps to stimulate the body's internal cleaning system. The metabolic activity is stimulated as stored toxins are released. For effective results this therapy should be implemented once a week for six weeks.

Stress Relieving Back Treatment **\$80.00**

An ideal treatment for muscular tension. Alleviates aches and pains, calms the nerves and balances stress levels. Includes back massage.

Liberated from stress and toxins, the skin begins anew. As the soul relaxes, it is transformed. The smooth, sensuous contours of the body reappear.

Beauty through wellness is revealed.

Exquisite products extracted from the pure sea water of the Brittany coast of France awaits you!

Mini-Facial **\$40.00**

Treatment includes a cleanse, nourishing concentrate and a mask.

Glycolic Peel **\$40.00**

A powerful, yet gentle treatment that provides a controlled exfoliating action to stimulate epidermal growth gently lifting off dead skin cells to safely uncover healthier, younger skin.

Signature Facial (all skin types) **\$70.00**

Designed to treat every skin condition.

Refining Therapy (dehydrated skin) **\$80.00**

Restores, protects and balances the moisture level of dehydrated skin. Sea plants leave skin texture soft and fine lines smoothed.

Seaweed Facelift Therapy (anti-age) **\$95.00**

Anti-age therapy that protects skin against free radicals. Powerful plant antioxidants help to rejuvenate dull skin and strengthen collagen fibres. Skin is immediately tightened and toned.

Purifying Therapy (oily skin) **\$80.00**

Designed to purify skin by eliminating stored toxins in the pores. Skin cells are oxygenated and PH levels are restored with nutrients.

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Marine Therapy (acne prone skin) **\$85.00**

Eliminates bacteria from skin pores and prevents future breakouts. Using low tide seaweed, skin's oil production can be controlled.

Restoring Therapy (sensitive skin) **\$80.00**

Calms sensitive skin. Helps to heal broken capillaries, uneven skin and rosacea.

Rejuvenating Therapy (mature skin) **\$80.00**

Designed for delicate mature skin that lacks tone. Sea plant extracts penetrate and plump up skin tissue helping to re-elasticize it.

Sinus Relief Therapy (sinus drainage) **\$80.00**

Releases fluid trapped in the skin tissue and nasal cavity. Lymphatic drainage massage helps clear sinuses as skin is deeply cleansed.

Age Defying Therapy (mature skin) **\$105.00**

This facial addresses the aging process with advanced age-defying ingredients that eliminate free radical damage and increases cell turn over. Designed to reverse and prevent fine lines, wrinkles and discolouration and loss of tone resulting in an even complexion and youthful glow.

Additional Facial Services **add \$15.00**

Any of these masks may be added to any skin therapy

- Fangocean (purifies skin)
- Re-elasticizing mask (lifting treatment)
- Enzymatic peel (deep exfoliation)
- Eye lifting treatment

Aromatherapy Body Massage 45min. **\$45.00**

Relaxing effleurage massage with customized aromatherapy blend. 60min. **\$60.00**

Heated Stone Massage 75min. **\$95.00**

The application of heated stones is known to soften muscles and release tension resulting in oxygenation of the blood and an increase in lymph flow and metabolism.

WE RECOMMEND ADDING 10 MIN. OF FAR INFRARED SAUNA PRIOR TO SERVICE!!

Reflexology 60min. **\$50.00**

Through application of pressure on reflex points, reflexology relieves tension, improves circulation and helps promote overall wellness.

Reiki 60min. **\$50.00**

This healing art transfers universal energy which assists the body into equilibrium.

Far Infrared Sauna **\$1.00 per minute**
10 minute minimum

Far infrared is the most beneficial light obtainable by man. Infrared saunas are actually recommended for asthmatics and both high & low blood pressure patients. This service has proven that up to 600cal. can be burnt in a 30 minute session and shows benefits for arthritis, chronic pain, fibromyalgia, heart disease, psoriasis and more. Doctors prefer far infrared saunas as they allow you to sweat at 40-50°C as opposed to 80-90°C (with steam). This gives the light the ability to penetrate deeper releasing harmful environmental toxins inhaled or ingested daily (e.g. chemicals, moulds, exhaust, etc.)

ALL TIMES ARE AN APPROXIMATION

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Manicure **\$26.00**

Mandarin-Honey Spa Manicure **\$31.00**

The mandarin-honey sugar scrub exfoliates even delicate hands removing dead skin cells while honey softens and moisturizes new skin giving hands a soft feel. A white tea mask ensures hydration and provides antioxidants. A sweet mandarin citrus oil is massaged onto the hands giving them a radiant glow.

Sea Spa Manicure **\$35.00**

This softens hands while improving skin colour and tone with a soothing mask.

Muscular Ease Spa Manicure **\$35.00**

Relieves pain and muscular soreness with anti-fluid gel and muscular ease remedy.

Rejuvenating Spa Manicure **\$35.00**

Stimulates circulation and energizes tired hands.

Giovanile Spa Manicure **\$40.00**

Smooths rough, dry and sun damaged skin with algae and enzymatic peel.

Nourishing mask, anti-stress remedy and hydrating cream makes your hands glow and look young again.

Polish Change **\$15.00**

French Polish Application **add \$5.00**

Pedicure **\$42.00**

Mandarin-Honey Spa Pedicure **\$52.00**

The mandarin-honey sugar scrub exfoliates dead skin and assists in smoothing rough areas. This will provide softness and moisture the new skin. A white tea mask is applied which encourages skin renewal, re-hydration and provides nourishing antioxidants. A mandarin citrus oil is massaged to your feet leaving them smooth and with a healthy glow.

Tired Leg Spa Pedicure **\$53.00**

Balance water retention, energize tired swollen feet and stimulate the lymphatic flow with anti-fluid gel to reduce retention followed by an application of hydrating cream.

Re-mineralizing Sea Spa Pedicure **\$60.00**

Nourish and hydrate dry skin. Feet are exfoliated with sea polish then massaged with algae oil and wrapped in a re-mineralizing seaweed pack. A leg and foot massage with the toning body cream concludes the treatment.

Giovanile Spa Pedicure **\$65.00**

Nourish and restore softness to dry feet. Enzymatic peel and a nourishing mask is applied and treatment concludes with a hydrating cream.

Polish Change **\$15.00**

French Polish Application **add \$5.00**

ELECTROLYSIS

Progressive, permanent hair removal.

Initial consultation (15 minutes)	No charge
5 minutes	\$10.00
10 minutes	\$18.00
15 minutes	\$25.00
20 minutes	\$30.00
30 minutes	\$35.00
45 minutes	\$45.00
60 minutes	\$60.00

LASH AND BROW TINTING

Lash tint	\$20.00
Brow tint	\$20.00
Lash and brow tint combo	\$35.00

Waxing Treatments

Prices as follows

Full leg - no bikini	60 minutes	\$48.00
Full leg with bikini	75 minutes	\$58.00
Upper leg - no bikini	30 minutes	\$33.00
Upper leg with bikini	45 minutes	\$43.00
Lower leg	30 minutes	\$33.00
Bikini line	15 minutes	\$22.00
Extended bikini line	30 minutes	\$32.00
Brazilian	45 minutes	\$50.00
Under arms	15 minutes	\$20.00
Eyebrow shaping	15 minutes	\$15.00
Lip line	15 minutes	\$12.00
Chin	15 minutes	\$12.00
Sides of cheeks	15 minutes	\$15.00
Tummy line	15 minutes	\$15.00
Full back	45 minutes	\$40.00
Partial back	30 minutes	\$30.00
Neck	15 minutes	\$15.00
Full arm	45 minutes	\$40.00
Half arm	30 minutes	\$25.00
Fingers	15 minutes	\$10.00
Toes	15 minutes	\$10.00
Upper chest	30 minutes	\$25.00
Full torso	45 minutes	\$40.00

All times and prices are approximate. Please consult with your aesthetician prior to your appointment.

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SPA PACKAGES

Sanus Per Aquam (4.5hours) \$220.00

A heated stone massage, 20 minute far infrared sauna, giovaile spa pedicure, giovanile spa manicure and a light lunch.

Fresco in the Villa (4 hours) \$193.00

Signature facial, mandarin-honey pedicure, mandarin-honey manicure, eyebrow shaping, wash & style and a light lunch.

Fountain of Caesar (4 hours) \$235.00

Sea salt glow with Vichy rain shower, 10 minute far infrared sauna, 60 minutes of aromatherapy body massage, signature facial, enzymatic peel and a light lunch.

Nebbia di Pompei (2.5 Hours) \$170.00

20 minute far infrared sauna, marine pumice with Vichy rain shower and 60 minutes of aromatherapy body massage.

Napolean Special (2.5 Hours) \$127.00

Pedicure, 45 minutes of aromatherapy body massage and a mini-facial.

Vesuvius (6.5-7 Hours) \$398.00

Signature facial, mandarin-honey manicure, mandarin-honey pedicure, eyebrow shaping, remineralizing seaweed body wrap, 10 minute far infrared sauna, 60 minutes of aromatherapy body massage, wash & style, light make-up application and a full lunch.

•At Pompeii Day Spa we have designed a relaxing and rejuvenating solace. For spa packages, we recommend that you arrive 15 minutes prior to your appointment to allow time to prepare before your treatment(s) begins.

•In consideration of others, we kindly request that all pagers, cell phones, PDA's and other electronic devices are turned off to maintain a tranquil environment.

•We recommend that all shaving and waxing be done a day prior to body treatments.

•When receiving any spa body treatment, you will be appropriately draped in order to protect your privacy, however, it is recommended that you bring a bathing suit for wet body treatments. Disposable garments are also available.

•If you arrive late, we may have to shorten or reschedule your appointment in order to avoid inconveniencing clients' appointments following your service(s).

•Should you need to cancel your appointment, please contact us 24 hours in advance (48 hours for spa packages and groups). Any cancellations with less than 24 hours notice will result in full charges or the equivalent deduction from gift certificates.

Please note, only those guests having services will be permitted in the spa. Friends, family and children will be required to wait in the front seating area.

Pompeii Day Spa welcomes both men and women



Hours of Operation

Tuesday	9:30am-6:00pm
Wednesday & Thursday	9:30am-8:00pm
Friday	9:30am-7:00pm
Saturday	9:00am-4:00pm

Prices Effective August, 1st 2005

Prices subject to change without notice

www.pompeiidayspa.com

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