

# Career Cruising

## *Cruisin' Around*

Career Cruising is an interactive website for students to explore careers and get first-hand information on just about anything they need to know about careers.

This Web-Quest activity involves exploring one career and identifying the **Essential Skills** and related tasks and then completing a self-assessment.

When selecting a career, choose one that you have some interest in either as a career after high school or perhaps a future summer job.

## *Part A: Exploring*

- Step 1: Go to Website: **www.careercruising.com**
- Step 2: Using your school's username and password, log in.
- Step 3: Click on the "Explore Careers" icon (left hand side of screen)
- Step 4: Select a career using one of the 4 options available.
- Step 5: Explore the career by selecting a variety of options available. You will not find specific references to the **Essential Skills**, however, by reading the job description and the interviews, you will be able to identify several **Essential Skills** and related tasks. You may find information in the section on career path as well. Not all jobs use all of the **Essential Skills** on a regular basis.

**Step 6:** Complete the chart below

Name of Career: \_\_\_\_\_

This career interests me as:

part-time career option     full-time career option     both

<b>Essential Skill</b>	<b>RELATED TASKS</b>
Reading Text	
Writing	
Computer Use	
Numeracy	
Continuous Learning	
Oral Communication	
Document Use	
Thinking Skills	
Working With Others	

## Part B: Now What?

You have figured out what skills someone has in a career or job that you are interested in. Great! It is time to complete an **Essential Skills** self-assessment and set some goals.

**Step 1:** Identify the top three **Essential Skills** used in the occupation you selected. Complete the self-assessment chart below.

## Self-Assessment

<b>Essential Skill</b>	<b>SELF-ASSESSMENT (CIRCLE ONE ONLY)</b>			
	Highly Skilled	Skilled	Some Skill	Very Limited Skill
	Highly Skilled	Skilled	Some Skill	Very Limited Skill
	Highly Skilled	Skilled	Some Skill	Very Limited Skill

**Step 2:** Using your self-assessment results provide proof of where and how you have demonstrated this skill in the past regardless of skill level.

## Evidence of Skill

<i>Essential Skill</i>	WHERE	HOW? WHAT TASK(S) DID YOU PERFORM?

**Step 3:** Setting goals, no matter how small, helps us achieve what we say we want to do. Set a small goal to further develop each of the **Essential Skills** you identified as the top three.

## Setting Goals

<i>Essential Skill</i>	WHERE CAN I IMPROVE ON THIS SKILL?	WHEN WILL I DO THIS? BE SPECIFIC – GIVE A DATE!	WHO DO I NEED TO CONTACT?

When you have completed this, you may want to do Exploring **Essential Skills**, Part D, Section 2, on page 22. This will enable you to check the **Essential Skills** portfolio for this job.

